



Introductory lessons for new students and private lessons for existing students are available by appointment only. PLEASE visit www.eclipse-martial-arts.com for more information.

DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BELT LEVEL / CLASS						
Little Kickers		4:00 - 4:30 PM	4:30 - 5:00 PM	5:15 - 5:45PM		9:30 - 10:00 AM
No Belt White Yellow	4:00 - 4:30 PM	4:30 - 5:00 PM		5:45 - 6:15 PM		9:00 - 9:30 AM
Orange Green	4:30 - 5:00 PM		4:00 - 4:30 PM	4:45 - 5:15 PM		11:00 - 11:30 AM
Purple P/Stripe Blue B/Stripe		5:30 - 6:15 PM	5:00 - 5:45 PM	4:00 - 4:45 PM		11:30 - 12:00 PM
Red R/Stripe Brown B/Stripe	5:00 - 5:30 PM	6:15 - 7:00 PM	5:45 - 6:30 PM			12:00 - 12:30 PM
Youth Sparring			6:30 - 7:00 PM			10:30 - 11:00AM
Weapons	5:30 - 6:00 PM					10:00 - 10:30 AM
Team Elite	6:00 - 6:30 PM			6:15 - 7:00 PM		1:00 - 1:30 PM
Candidate Belts	6:30 - 7:15 PM	5:00 - 5:30 PM				12:30 - 1:00 PM
Open Mat						1:30 - 2:00 PM
Adults (All Belts)	7:15 - 8:00 PM**	7:45 - 8:15 PM**	7:00 - 7:45 PM**	7:45 - 8:15 PM**		
Adult Sparring		8:15 - 8:45 PM**				
Cardio Kickboxing		7:00 - 7:45 PM**		7:00 - 7:45 PM**		

** Denotes Adult only class (14 and up).